



902 Sycamore Avenue #120 Vista, CA 92081
Phone: 760-599-9940 TRICITYPETCT.COM

Patient Preparation Instructions

Thank you for scheduling your PET/CT scan at Tri City PETCT at Vista. We are located at 902 Sycamore Avenue, Suite 120 in Vista. The parking lot is easy to access with plenty of availability. Please arrive 30 minutes prior to your scheduled appointment to allow for consultation and glucose reading. You can expect to be at our facility for 1 ½ -2 hours. Your appointment slot has been especially reserved for you, so please inform us within 48 hours of your appointment if you need to cancel or reschedule.

On the day before your appointment: please stay on a no or low carbohydrate diet. Refrain from eating foods such as breads, pastas, rice, noodles, cakes and sugars. Do not intake any caffeine for 24 hours before your appointment. Also, do not engage in physical exercise the day prior to your appointment.

The day of your appointment: if your appointment is in the morning, do not eat or drink anything (except water) after 12:00 am the night before. If your appointment is in the afternoon, you can have something to eat 6 hours prior to your appointment.

If you are diabetic, please call our office for further instructions.

If you have any questions please do not hesitate to call us at 760-599-9940.

Thank you and we look forward to being of service to you.

Directions to our facility:

Coming from the West

CA-78 E toward Escondido
Take Sycamore Ave Exit; Turn Right
.8 miles to Hibiscus; Turn Left
Turn into first driveway
Destination will be on the right

Coming from the East

CA-78 W toward Oceanside
Take Sycamore Ave Exit; Turn Left
.8 miles to Hibiscus; Turn Left
Turn into the first driveway
Destination will be on the right

